



## BSc (Hons) Nursing (Mental Health)



By studying Mental Health at the University of Leeds you will be exposed to inspirational research-led teaching. We offer innovative and creative learning with a central focus on service user experiences.

Our commitment is to help students develop effective skills in working with people experiencing diverse mental health problems.

This is a three year full time programme of study which integrates theory and clinical practice, a fundamental and critical component of the programme.

**Fully Funded Degrees**  
Fees for this course are currently paid by the NHS; this is subject to change, please check website for details. Students receive a means tested **bursary** which is paid monthly.

### Programme aims

Our aim is that you will develop enhanced self-awareness and dynamic interactive skills which enable you to respond to service users and carers across a wide range of encounters. This forms the base for holistic care interventions, which includes psychological, physical, and social approaches. The spectrum of mental health services accessed through the programme equips you with many opportunities to further specialise on completion.

### Programme structure

#### Year one - The Common Foundation Programme

The focus of the first year is upon shared learning which takes place with other nursing and healthcare students. This incorporates a number of general themes such as biology, sociology, psychology, promoting health, communication and study / research skills. A core focus is upon developing caring skills, self-awareness and reflective practice as applied to your emerging role as a mental health nurse

#### Year two – Mental Health Branch Programme

You will explore the biopsychosocial aspects of the mental health care of a person across the lifespan and within the context of contemporary society. Skills of therapeutic engagement will be developed, utilising different perspective underpinned by research and evidence based practice. You will also consider the ethical/legal framework for mental health practice. You will experience working in variety of mental health settings with a number of different specialist teams.

#### Year three - Consolidation of Mental Health nursing practice

In your final you will achieve a higher level of knowledge and understanding therefore, you will focus on more complex mental health needs. You will develop interventions strategies and approaches with the aim to provide a more integrative approach to care. This will include pharmacology and risk management. Towards the end of the programme, there will be an opportunity for a period of consolidation and preparation for registered nursing practice. On completion of the degree programme, you will have the skills to function as a qualified dynamic mental health nurse who is able to meet the needs of people across the spectrum of mental health care.

### Programme content

In each year you will undertake 50% theory and 50% practice. You will demonstrate the application of theory to practice within an environment of clinical specialisms. During the third year there are optional modules which may offer the opportunity for **European or international experiences.**

### Career prospects

Mental health nursing has a structured career pathway with a multitude of opportunities such as, research, management, clinical specialisms and teaching. You will be in an excellent position to pursue the many mental health employment opportunities, in the NHS, Social Services, Voluntary Sector and Private Sector. This may include specialised areas of primary care, dementia care, acute/ forensic services, crisis/home treatment teams, eating disorders and addiction services.



### Entry Requirements

5 GCSEs grade C or above to include English Language, Maths and Science  
PLUS

EITHER 3 A levels at grade **BBB** (with preference being given to science subjects and excluding General Studies)

OR BTEC Extended Diploma in Health Care/Health Science at Distinction/Distinction/Distinction

OR Access to Higher Education Course in Nursing Pathway or Health Sciences with a minimum of 45 level 3 credits passed at distinction

120 credits at level 1 Year 1	120 credits at level 2 Year 1	120 credits at level 3 Year 1
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COMMON FOUNDATION PROGRAMME	MENTAL HEALTH BRANCH PROGRAMME	

### Fees and Bursaries

**All tuition fees are paid by the NHS.**  
Fees for this course are currently paid by the NHS; this is subject to change, please check website for details. Students receive a means tested **bursary** which is paid monthly.

All applicants must be eligible for NHS funding.

### Applications

Please apply to:  
The Universities and Colleges Admissions Service (UCAS)  
Rosehill, New Barn Lane,  
Cheltenham,  
Gloucestershire GL52 3LZ  
Tel: 0870 112 2200

[www.ucas.com](http://www.ucas.com)

### Further Information

Admissions,  
School of Healthcare,  
University of Leeds,  
Baines Wing,  
Leeds LS2 9UT  
Tel: 0113 343 1348

Email:  
[admissions@healthcare.leeds.ac.uk](mailto:admissions@healthcare.leeds.ac.uk)

Website  
[www.healthcare.leeds.ac.uk](http://www.healthcare.leeds.ac.uk)